

# Park life 14

This week we are going to talk about weeks 15 and 16 and SWITCH

## Week 15 and 16

This is week 14, weeks 15 and 16 are our last two weeks and are also the weeks in which finals occur. Finals structure is details on the website under the season draw section. Most importantly teams not playing finals still play in week 15 and 16 (subject to some byes).

So this is not the final week for any team.

## Switch

SWITCH, strengthening women in touch is a free touch and fitness program offered by PPT in conjunction with VICHEALTH. It starts in September. It is a fun way to learn touch or improve you skills. Check the website for [full details](#):